



Bough Beech Sailing Club.

Bough Beech, Nr. Edenbridge. Kent

Standard Sailing Instructions 2010

January 2010

1. Rules.

- 1.1. All races will be governed by the rules as defined in *The ISAF Racing Rules of Sailing 2009-12. (RRS)*
- 1.2. The prescriptions of the RYA, and the rules of the relevant Class Associations, the Notice of Race, (NOR), and these Sailing Instructions (SI's) will apply. In the event of conflict, between the rules, those of the SI's shall prevail.
- 1.3. RRS 29.2; 35; 40; 60.1(a); 61.3; 62.2; 64.1; A4.1; A5; will be changed as follows;
 - RRS 29.2; General Recall.
 - RRS 35; Time Limit and Scores.
 - **RRS 40; buoyancy aids will be worn at all times afloat.**
 - RRS 60.1(a) Right to protest; right to request redress.
 - RRS 61.3; 62.2; Protest Time Limit.
 - RRS 64.1(a); Penalties and Exoneration
 - RRS A4.1; scoring of late starters (DNS).
 - RRS A5; Scores determined by the Race Committee.
 - Race signals ICF "L"; Instructions by the Race Committee from the committee boat.
- 1.4. The exoneration penalty (and advisory and arbitration hearings) of the RYA Rules Disputes Procedure may be available.
- 1.5. Eligibility requirements for boats and helms are as set out in the Notice of Race.

2. Notices to Competitors.

2.1. Notices to competitors will be posted on the official notice boards located in the Clubhouse near the registration desk. There is also a course board, which is situated in the boat house at the front of the building.

3. Changes to Sailing Instructions.

3.1. Any change to the sailing instructions will be posted on the course board and will be made no later than 30 minutes before the start of the race to which it first applies.

4. Signals Made Ashore.

4.1. Signals made ashore will be displayed from the club mast on the foreshore.

5. Schedule of Races.

5.1. Dates of racing will be as set out in the Notice of Race.

5.2. The number of races will be as set out in the Notice of Race.

5.3. The scheduled time of the warning signal for the first race each day as set out in the Notice of Race.

6. Class Flags.

6.1. Class flags will be indicated on the course board.

7. Racing Areas.

7.1. The racing area is shown on the course board. Competitors should note that access to the nature conservancy area in the northern end of the lake is forbidden. Marker poles on the shores indicate the limits to this area. Except in an emergency, landing on the reservoir shores outside the clubhouse foreshore is prohibited.

8. The Courses.

8.1. Course details including the order in which marks are to be passed, and the side on which each mark is to be left will be displayed on the course board in the boat house, not less than thirty minutes before the start of racing.

8.2. The Race Committee may give additional instructions from the committee boat both verbally and by the white/black board, after displaying ICF "L".

9. Marks.

9.1. Marks will be as described at the briefing.

9.2. The starting and finishing lines will be between a staff on the Race Committee boat flying an orange flag and an outer distance mark (ODM) flying an orange flag. An inner distance mark (IDM) may be laid, not necessarily on the start line.

10. Areas that are Obstructions.

10.1. The following areas are designated as obstructions;

- Boats are required to keep at least 50 metres away from fishermen. Such a margin for fishermen on the shore will be considered a continuous obstruction as set out in RRS 19.2. and 20.1

11. The Start.

11.1a Races will be started by using RRS 26.

11.1b When two or more starts are specified, the warning signal for each successive class shall be made with the starting signal of the preceding class.

11.1c When two or more races are to be sailed "back to back", the "answering pennant" (AP) will be displayed for a period of at least two minutes, prior to lowering, one minute before the warning signal for the next race of the first class.

11.1d In the event of a general recall for a Class, the warning signal for its restart will be made with the starting signal for the last scheduled class. This changes RRS 29.2.

11.2. The starting line will be between a staff on the Race Committee boat flying an orange flag and an outer distance mark (ODM) flying an orange flag. An inner distance mark (IDM) may be laid, not necessarily on the start line, in which case boats that pass between the committee boat and the IDM after their preparatory signal and before their starting signal, will be deemed to have broken a rule of Part 2, and must comply with RRS 44.1 (two turns penalty). Boats shall pass between the ODM and the IDM when starting, finishing and whenever the line is set as gate marks for the course.

11.3. Boats whose preparatory signal has not been made shall avoid the starting area and other boats whose warning signal has been made, during the starting sequence for other races. (RRS 23.1 Interfering with another boat).

11.4. A boat starting later than four minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4.1.

12. Change of the next leg of the Course.

12.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position.

13. The Finish.

13.1. The finishing line will be between a staff displaying an orange flag on a race committee boat and a nearby mark displaying an orange flag.

13.2. Where races are shortened (including average lap races) a similar finishing line will be used. Flag "S" will be displayed on the committee boat, accompanied by two sound signals.

13.3. When "average lap racing" is used flag "S" will be displayed accompanied by two sound signals, to give as much notice as

possible before the first boat to finish crosses the line. This boat will not necessarily be the lead boat. All boats subsequently passing through the 'gate' in use as a finishing line, from the direction of the previous mark will finish, unless a clear hail to continue has been acknowledged.

14. Penalty System.

14.1. The penalties are as follows.

- One turn & two turn penalties will apply. (RRS 44.1 & 44.2).
- The Protest Committee may award place penalties instead of disqualification. This changes RRS 64.1a.

14.2. As provided in Rule 67, the Protest Committee may, without a hearing, penalise a boat that has broken RRS 42.

15. Time limits.

15.1. Time limits for all races will be 90 minutes.

15.2. Boats failing to finish within 90 minutes or within fifteen minutes after the first boat sails the course and finishes, whichever is the later, will be scored Did Not Finish (DNF) without a hearing.

15.3. Alternatively, the Race Committee at its discretion, may give boats a finish position. This changes RRS 35, A4.1 and A5.

16. Protests and Requests for Redress.

16.1. Protest forms are available at the Race Office, located on the first floor of the club house. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit. In addition, boats intending to protest are requested to notify the Race Committee on the committee boat upon finishing.

16.2. For each class the protest time limit is thirty minutes after the time of the last boats finish in their class. In the case of "back to back" races the protest time limit is thirty minutes after the time of the last boat in the final race of the sequence of races. This changes RRS 61.3 and 62.2.

16.3. Notices will be posted on the official notice board no later than thirty minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Unless otherwise stated, hearings will be held in the Race Office located on the first floor of the club house. Hearings will begin at the time posted and it is the responsibility of competitors to check the notice board..

16.4. Notices of protest by the Race Committee will be posted on the official notice board to inform boats under RRS 61.1(b). Such protests will be subject to the same time limit as in SI 16.2.

16.5. A list of boats that, under instruction 14.2 have been penalised for breaking Rule 42 will be posted.

16.6. Breaches of Sailing Instructions 18, 21, 23, 24, and 25 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

17. Scoring.

17.1. The low point scoring system of RRS Appendix A4.1 will apply.

17.2. The number of discards to be allowed and the number of races to complete the event will be as set out in the Notice of Race.

18. Safety Regulations.

18.1. Check-Out and Check-In:

- a) Competitors will be required to sign in before the start of each race or sequence of back-to-back races.
- b) Declarations should be signed by all competitors within thirty minutes of the last boat finishing, or in the case of back-to-back races within thirty minutes of the finish of the last boat in the final race of the sequence of races. Boats failing to comply may be deemed to have retired and in such circumstances will be scored "Retired After Finishing" (RAF).

18.2. A boat that retires from a race shall notify the Race Committee as soon as possible.

18.3. Adequate personal buoyancy must be worn by all persons at all times when afloat and on the pontoon jetty, except briefly while adjusting clothing or personal equipment. This changes RRS Rule 40, the preamble to part 4 and BBSC Club Byelaw E8. Buoyancy must be appropriate to the size and weight of the individual and the activity in which they are engaged and must be worn in accordance with the manufacturers guidelines. It is the responsibility of each individual, or in the case of a child, their parent or guardian to ensure this.

18.4. Wetsuits or dry suits must be worn during the months from November to April inclusive, and at other times at the discretion of the OOD.

19. Replacement of Crew or Equipment.

19.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.

19.2. Helms wishing to use a sail that does not bear the boats registration number, must obtain prior written approval from the race Committee.

19.3. Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20. Equipment and Measurement Checks.

20.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21. Advertising.

21.1. Boats may display advertising supplied by the organising authority.

22. Official Boats.

22.1. Official boats will include all safety boats and committee boats of Bough Beech SC and the crews of such are designated members of the Race Committee.

23. Support Boats.

23.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the Race Committee signals a postponement, general recall or abandonment.

24. Trash Disposal.

Boats shall not put trash in the water.

25. Radio Communication.

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications. This restriction also applies to mobile telephones.

26. Prizes.

Prizes will be awarded as specified in the Notice of Race.

27. Disclaimer of Liability.

Competitors participate in the regatta entirely at their own risk, see RRS 4, "Decision to Race." The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

28. Insurance.

Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of two-million pounds per event or the equivalent. Furthermore, participants are encouraged to consider the adequacy of their third party liability insurance.

**BBSC Sailing Committee.
January 2010.**